

# Nemaha County in Nebraska

	2010	2011	2012	2013	2014
Health Outcomes	26	34	38	60	66
Length of Life	26	25	61	55	55
Premature death	6,297	6,283	6,785	6,885	6,885
Quality of Life	28	40	28	63	71
Poor or fair health	11%	11%	11%	13%	13%
Poor physical health days	2.5	2.7	2.2	2.7	3
Poor mental health days	3.2	3.4	3.5	3.7	3.7
Low birthweight			6.00%	7.50%	8.10%
Health Factors	36	16	39	29	44
Health Behaviors	45	23	48	54	59
Adult smoking	20%	18%	16%	17%	17%
Adult obesity	29%	29%	33%	33%	35%
Food environment index					8.4
Physical inactivity			31%	31%	31%
Access to exercise opportunities					57%
Binge drinking	12%	12%	14%	15%	15%
Motor vehicle crash death rate					50%
Chlamydia rate	152	113	226	97	234
Teen birth rate	28	27	26	22	21
Clinical Care	6	5	15	11	28
Uninsured adults	12%	15%	13%	13%	13%
Primary care provider rate	71	1,396:1	1,396:1	1,452:1	1,456:1
Dentists				2,581:1	1,524:1
Mental health providers					2,540:1
Preventable hospital stays	71	66	71	57	69
Diabetic screening	93%	96%	90%	92%	94%
Mammography screening		61%	63%	67%	50%
Social & Economic Factors	48	40	52	43	55
High school graduation	96%	90%	92%	92%	93%
College degrees	23%	64%	70%	73%	74%
Unemployment	5%	5.30%	5.90%	5.70%	5.40%
Children in poverty	15%	13%	16%	17%	19%

Inadequate social support	11%	14%	14%	14%	14%
Single-parent households	6%	26%	25%	14%	16%
Homicide rate			109	80	69
Physical Environment	63	21	6	1	2
Air pollution-particulate matter days	1	0	0	8.3	8.6
Air pollution-ozone days	0	0	0		
Drinking water violations				3%	9%
Access to healthy foods	29%	43%			
Access to recreational facilities		14	15	14	
Limited access to healthy foods			2%	4%	
Fast food restaurants			38%	38%	
Severe housing problems					8%
Driving alone to work					73%
Long commute - driving alone					13%