

West Nile

FACTS ABOUT WEST NILE VIRUS

- * West Nile Virus is transmitted through mosquito bites.
- * Some birds carry the virus however, they cannot transmit it to humans.
- * Report dead blue jays, crows and raptors to the Health Department.
- * The virus cannot be spread from human to human. However, a pregnant woman can transmit it to her unborn child.

SYMPTOMS

- * Symptoms of West Nile Virus may be mild to severe.
- * Mild symptoms may include: fever, headache, body aches, rash, or swollen glands.
- * Severe symptoms include: high fever, severe severe headache, stiff neck, muscle weakness, confusion, tremors, convulsions, paralysis or coma.

If you have these symptoms contact your doctor.

PREVENTION

- * Mosquitoes lay their eggs in standing water. Eliminate all sources of standing water.
- * Keep mosquitoes off of you. Avoid being outside at dusk, dawn and other times of heavy mosquito activity.
- * Wear long sleeves, long pants and socks. Light colored clothing is best.
- * Keep door and window screens in good repair.
- * Wear insect repellent with DEET (35-50% for adults, 10% or less for children. Do not use for children under 2 years old)

For further information contact The Southeast District Health Department at 877-777-0424

[Repellants that help protect from mosquito-borne diseases \(CDC\)](#)